

Ice Cream "Social"

(a Social Skills Group)



Date: Saturday, June 10

Place: Spiegel Community Center

35 Lincoln Ave, Room 105

Time: 9:00-11:00am

****No Fee to Attend****

A time for teens (tweens) in grades 5-8 with social challenges to interact appropriately with others and maintain friendships.

As social skills develop in home and school, interactions with others can improve and new friendships are often formed, strengthening a person's self-esteem.

Led by licensed social workers, our goals include:

- ◆ awareness of one's own behavior
- ◆ appearance
- ◆ self-control,
- ◆ conflict resolution skills
- ◆ problem solving
- ◆ frustration tolerance
- ◆ anger management

Ice Cream Included!

Please RSVP to Loraine Young, LCSW-R at:

lyoung@pittsfordyouthservices.org

In your RSVP please provide the following:

Title of the program, parent's name, child's name, age and school .

Please also include contact email and phone number.